

WHERE LEARNING MEETS FUN!

Parents are enrolling their
children in the martial arts
because it teaches **Focus,**
Self-Discipline,
Confidence and
Physical Fitness.
Children are joining because
it's lots of **FUN!**

R & H MARTIAL ARTS LOCATED AT 421B
WINCHESTER STREET, KEENE, N.H. WOULD LIKE
YOU TO TRY OUR PROGRAM. WE ARE OFFERING
A MONTH OF LESSONS, THAT IS TWO TRAININGS
A WEEK FOR \$29.99 PLUS WE WILL GIVE YOU A
MARTIAL ARTS UNIFORM. CLASSES FOR AGES 3
1/2 AND UP. WE OFFER LIFE SKILLS,
SELF-DEFENSE, FRIENDSHIP, GIVING BACK TO
THE COMMUNITY AND FUN! MARTIAL ARTS WILL
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