

Trilogy Field Hockey
105 Kendall Road
Keene, NH 03141



Trilogy Field Hockey has been established to give young athletes the opportunity to develop individual skills, enthusiasm and passion for the game of field hockey.



Summer Day Camp

**At Keene State College
(Owl turf stadium)**

July 9-13 2012

(This is not a school sponsored event)



Summer Camp 2012

We cater to the individual development of each camper

Basic fundamental instruction for beginners as well as more advanced techniques for experienced players

Our Coaching Staff

Amy Watson (Co-Director) Head Coach Keene State College 22 years

Michelle Tiani (Co-Director) Varsity Coach Keene High School 5 years

Jodie Dresser Assistant Coach Keene State College, NCAA All American 2008. (New England College)

Nichole Garneau Assistant Varsity/ Junior Varsity Coach Keene High School 4 years

Stacey Harrington Head Coach Keene Middle School 11 years

Erin Dallas NCAA All American 2007, 2008, 2009. (Michigan/Keene State College)

Also featuring current collegiate players

A Typical Camp Day

- 9:00 am camp meeting and attendance
- 9:15 Stretch and warm-up
- 9:30 Individual instruction and station drills
- 11:00 morning games
- 12:15 Lunch (at Keene State Dining Commons)
- 1:15 Special presentations
- 2:00 techniques, skills, concepts
- 3:00 Afternoon games
- 4:00 pm camp wrap up and dismissal.

For your convenience early drop-off and late pick up (8:15 and 4:45 are available at no extra cost)

Campers

Please bring your own stick, two mouth guards, shin guards and a water bottle.
Sneakers or turf shoes, no cleats!
Goggles are highly recommended

Registration form

Name: _____

Address _____

City _____ State _____ Zip _____

Phone _____ Grade entering _____

Parents: _____

Day Time Phone _____

Email address _____

Emergency contact _____

Emergency contact phone _____

T-shirt size (circle one)

(adult sizes) XS S M L XL

Check One:

- half day 9 am-noon \$ 125.00 (grades 1-3)
- half day 9 am-noon (with jr stick included) \$150.00
- Full Day 9 am-4:00 pm (lunch included) \$275.00 (grades 4 -12)

Deposit \$30.00 (non-refundable) Balance to be paid in full by July 1, 2012 (checks made payable to Trilogy Field Hockey)

Amount enclosed: _____

Please Mail Completed forms to:

Trilogy Field Hockey
c/o Michelle Tiani
105 Kendall Road
Keene, NH 03431

